

March 2022

with Yoni Shakti Yoga



It is my Birthday
Month !!!

CHECK OUT SHOP FOR
FREE GIFTS!

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9 5pm - 6pm EASE	10	11	12 9am - 10 am BRAVE
13	14	15	16 5pm - 6pm COMPASSION	17	18	19 9am - 10 am ALIGN
20	21	22	23 5pm - 6pm GRATITUDE	24	25	26 9am - 10 am ROOTED
27	28	29	30 5pm - 6pm WHOLEHEARTED	31	*Yoga is available in-studio and online excluding EVENTS (in-studio only) *ONE-HOUR Sessions	